



### District Five Wellness Goals for 2020-2021

- We have reviewed and updated the District Wellness Policy and compared it other District Wellness Policies throughout the state
- Reviewed the Local/District Wellness Policy Checklist provided by the SC Department of Education to ensure compliance
- Competitive foods and beverages sold in District Five Schools are required to meet USDA Nutrition Standards
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents) are made available by Student Nutrition to ensure compliance
- District Five Implements Farm to Five programs/school gardens while linking with cafeteria to encourage nutrition promotion activities (local procurement, taste tastings, garden-based lessons)
- We offer physical activity opportunities for students during the school day (brain breaks, walk breaks, action-based learning activities)
- Due to the pandemic during this school year, we have not been able to implement some of our activities